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Polish Classic Desserts (Classics)



Synopsis

Serving up Poland's sweetest traditions. Traditional home cooks and fashionable foodies alike should be sure to save room for Poland's sweet addition to our Classic Recipes Series! Taste your way through mazurkas, babas, pastries, and puddings-treats that all call upon a rich culinary history. The recipes range from simple almond tea cookies to ornate delicacies for High Holiday family meals.

Book Information

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Customer Reviews

Polish people the world over love their sweet endings, and desserts are a significant part of traditional Polish cuisine. As simple and inviting as a warm chestnut cookie, or as elegant and regal as a tall mocha torte, classic Polish dishes are rich in heritage and in flavor. This collection is dedicated to the legacy of desserts that those of Polish descent may remember from childhood and to the preservation of the heritage of classic recipes. Close your eyes and let your mind explore the aromas of decadent chocolate, rich vanilla, bright lemon zest, fresh yeast of dough rising in the oven, or the blend of ginger, honey and raspberry in one delectable bite. Let your taste buds imagine the comfort of a warm donut filled with sweet jam; the fluffy, light sweetness of a *ciasto* cake favored by Pope John Paul II; or the delicacy of a sweet cheese-filled crepe topped with fresh berries. Those are the flavors that millions of Poles around the globe grew up with. Those are the flavors that this book preserves for our sensory pleasure, for the delight of our parents, and for the amazement of our children. Each dessert in this book has been chosen for its

flavors, for its traditions, and for its ability to be successfully prepared. With great care taken to preserve their traditional roots, each dish has been updated for the modern kitchen and tested until perfected. Peter T. Zeranski and Laura C. Zeranski co-authored the critically acclaimed Polish Classic Recipes (Pelican Publishing, 2011), treasured by Poles the world over. The husband-and-wife team are eager to preserve the heritage of dishes that may be losing their traditional roots with the passing of older generations—dishes they have been cooking, serving, and eating for decades. Peter Zeranski was born in Europe to Polish parents. He is a retired marketing executive and small business consultant. His family's love for Polish cuisine and traditions is showcased in *The Art of Polish Cooking* (Pelican Publishing, 1968), the iconic cookbook written by his mother, Alina Żerańska. Laura Zeranski learned to cook Polish dishes from her mother-in-law as she took over preparing Sunday dinners and special holiday meals. After four decades of perfecting traditional Polish recipes, she has become an expert in adapting the cuisine to modern home kitchens. A retired health care records professional, Laura has consulted with clients throughout the United States, Canada, New Zealand, and Australia. The couple, who also love ballroom dancing, resides in Alexandria, Virginia. Photography has been a key part of Bob Rock's life and thirty-five year career as a senior executive in the printing industry. The owner of Bob Rock Photography & Digital Imaging, he also enjoys portrait, landscape, and macro photography. Rock took great delight in making these desserts appear as wonderful as they tasted, which made this project especially enjoyable. He resides with his family in Northern Virginia.

"This is a splendid compilation of easy-to-follow recipes that for centuries have pleased kings and peasants alike. Polish Classic Desserts will become your new 'go-to' book when it comes time to impress your guests."—Mark Kohan, editor, *Polish American Journal*

"This sumptuous array of delectable desserts captures the very essence of sweets that define the Polish palate—rich, flaky, flavorful, delicious and satisfying—even mazurkas, fruit cordials, and traditional delights, all using contemporary methods. Fabulous!"—Kathryn G. Rosypal, executive editor, *Narod Polski*

"This stunningly photographed book of Polish recipes provides mouthwatering desserts for every occasion. Well-crafted descriptions accompany each recipe, adding a sense of history to each tasteful delight."—Christine Myskowski, owner, Salt & Pepper Books, Occoquan, Virginia

I just made it and ate it very very delicious I am glad to buy worth it I don't want whole cheesecake from America only I want bar with cheese simple just I bought one farmer cheese 1 lb and thank many many ::::))))

I love this dessert cookbook. Already made three recipes and looking forward to doing more.

great recipes!

This was supposed to be a Christmas gift, but after looking through it, I had to keep it! Yummy!
Can't wait to try the paczki (pronounced ponch-key)

This was purchased as a gift. Recipient said it was wonderful

I love this cookbook.. so many delicious recipes to try!

Excellent and different

Has all of the desserts that I loved my mom made when I was a kid. Easy to read and follow directions.

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